

<b>Alle tiders Osterøy IL Kvinner</b>							
<b>300m, 400m og 600m</b>							
<b>1959 - 2024 sist oppdatert 28.10.2024</b>							
		<b>300m (x - 2024</b>	<b>født</b>	<b>alder</b>	<b>År</b>	<b>Kommentar</b>	<b>Øving</b>
<b>42,98</b>		Eli Simmenes -73		33	2006		300m
<b>43,3</b>	43,5	Ida M. Lampe -90		15	2005		300m man
<b>44,1</b>		Karoline Loftås -91		15	2006		300m
<b>44,53</b>		Kristine Mjøs -90		15	2005		300m
<b>45,07</b>		Åse Bergheim -75		18	1993		300m
<b>46,33</b>		Sandra Mosevoll -94		14	2008		300m
<b>46,42</b>		Bente Midtun -58		51	2009		300m
<b>46,80</b>		Frida Loftås -01		15	2016		300m
<b>46,93</b>		Anette Bru -69		36	2005		300m
<b>47,36</b>		Sara Susanne Jacobsen -99		18	2017		300m
<b>47,3</b>	47,5	Vivian Riple (-75)		15	1990		300m man
<b>47,78</b>		Marianne Feidje Mjelde (-01)		15	2016		300m
<b>47,80</b>		Sigrid Bru Reigstad (-99)		18	2017		300m
<b>48,2</b>	48,4	Aina Mjøs (-88)		17	2005		300m man
<b>48,98</b>		Kari Marie Børtveit (-93)		14	2007		300m
<b>49</b>	49,2	Kjersti Rolland (-72)		18	1990		300m man
<b>51,17</b>		Hanne V. Mostrøm (-96)		13	2009		300m
<b>51,28</b>		Anniken Mjelde -00		17	2017		300m
<b>53,85</b>		Camilla Tvedt Sæbø (-96)		13	2009		300m
<b>55,4</b>	55,6	Wenche Langhelle (-75)		15	1990		300m man
		<b>400m (x-2024)</b>					
<b>59,68</b>		<b>Eli Simmenes (-73)</b>		<b>33</b>	<b>2006</b>		<b>400m</b>
<b>59,69</b>		<b>Ida Margrethe Lampe (-90)</b>		<b>17</b>	<b>2007</b>		<b>400m</b>
<b>60,7</b>	<b>60,84</b>	<b>Hjørdis Aasheim (-72)</b>		<b>18</b>	<b>1990</b>		<b>400m man</b>
<b>61,6</b>	<b>61,74</b>	<b>Sigrid Sundquist Torp (-79)</b>		<b>23</b>	<b>2002</b>		<b>400m man</b>
<b>63,03</b>		<b>Karoline Loftås (-91)</b>		<b>15</b>	<b>2006</b>		<b>400m</b>
<b>63,17</b>		<b>Kristine Mjøs (-90)</b>		<b>15</b>	<b>2005</b>		<b>400m</b>
<b>63,30</b>		<b>Gunn Bergheim (-74)</b>		<b>18</b>	<b>1992</b>		<b>400m</b>
<b>63,33</b>		<b>Marie Mostrraum -04</b>		<b>15</b>	<b>2019</b>		<b>400m</b>
<b>63,42</b>		<b>Marianne Kalleklev (-72)</b>		<b>23</b>	<b>1995</b>		<b>400m</b>
<b>63,4</b>	<b>63,54</b>	<b>Åse Bergheim (-75)</b>		<b>15</b>	<b>1990</b>		<b>400m man</b>
<b>63,72</b>		Vivian Riple (-75)		15	1990		400m
<b>64,50</b>		Bente R. Midtun (-58)		51	2009		400m
<b>65,00</b>		Marianne F. Mjelde -01		17	2018		400m
<b>65,1</b>	65,24	Rita Hatland -60		15	1975		400m man
<b>65,5</b>	65,64	Kristin Aasheim (-81)		15	1996		400m man
<b>65,85</b>		Anette Bru (-69)		39	2008		400m
<b>66,03</b>		Sigrid Bru Reigstad (-99)		18	2017		400m
<b>66,42</b>		Brit-Helen Langeland (-75)		24	1999		400m
<b>66,60</b>		Tove Mostrøm (-71)		16	1987		400m

<b>66,65</b>		Sara J. Jacobsen (-99)		18	2017		400m
<b>67,9</b>	68,04	Linda Skjerping (-65)		14	1979		400m man
<b>67,9</b>	68,04	Vibecke Bernes (-70)		15	1985		400m man
<b>68,77</b>		Sandra Mosevoll (-94)		14	2008		400m
<b>69,10</b>		Kjersti Rolland (-72)		17	1989		400m
<b>69,3</b>	69,44	Marta Rongved (-68)		18	1986		400m man
<b>70,00</b>	70,14	Kjersti Rongved (-61)		13	1974		400m man
<b>70,7</b>	70,84	Lillian Normann (-59)		22	1981		400m man
<b>71,26</b>		Mirjam Mjelde -69		53	2022		400m
<b>71,74</b>		Randi Kleppe (-49)		46	1995		400m
<b>71,8</b>	71,94	Solveig Simmenes (-74)		16	1990		400m man
<b>72,5</b>	72,64	Kari Loftås (-55)		14	1969		400m man
<b>72,99</b>		Kari Marie Børtveit (-93)		15	2008		400m
<b>73,4</b>	73,54	Liv Karin Simmenes (-49)		37	1986		400m man
<b>73,77</b>		Monika Bru (-70)		34	2004		400m
<b>73,7</b>	73,84	Ellinor Langhelle (-48)		35	1983		400m man
<b>73,87</b>		Marit Bruvik (-70)		16	1986		400m
<b>73,89</b>		Ingrid Kleppe (-83)		16	1990		400m
<b>74,66</b>		Ann Christin Reigstad (-66)		39	2005	pers. 63,64 (-94)	400m
<b>75,9</b>	76,04	Ruth Simmenes (-59)		38	1997		400m man
<b>75,9</b>	76,04	Kari Hannisdal (-43)		42	1985		400m man
<b>76,98</b>		Mailen Simmenes Fotland -03		16	2019		400m
<b>80,13</b>		Elna Haugen (-51)		43	1994		400m
<b>81,34</b>		Anne Lise Leiren Mastervik -72		50	2022		400m
<b>82,15</b>		Elise Vikne (-88)		20	2008		400m
<b>84,27</b>		Marit Iren Reigstad (-83)		24	2007		400m
<b>84,43</b>		Signe Hannisdal (-51)		43	1994		400m
<b>87,5</b>	87,64	Anne Mjelde (-68)		11	1979		400m man
<b>88,77</b>		Berta Seime (-39)		54	1993		400m
<b>91,09</b>		Helga Reigstad (-72)		35	2007		400m
<b>102,28</b>		Elin Simmenes (-87)		20	2007		400m
-3.00.00		<b>600m (1970 - 2024)</b>					
<b>1.39,43</b>		<b>Eli Simmenes (-73)</b>		<b>35</b>	<b>2008</b>		<b>600m</b>
<b>1.40,14</b>		<b>Marie Mostrau -04</b>		<b>14</b>	<b>2018</b>		<b>600m</b>
<b>1.43,24</b>		<b>Karoline Loftås (-91)</b>		<b>23</b>	<b>2014</b>		<b>600m</b>
<b>1.44,38</b>		<b>Sigrid Bru Reigstad (-99)</b>		<b>14</b>	<b>2013</b>		<b>600m</b>
<b>1.45.00</b>		<b>Marianne Kalleklev (-72)</b>		<b>24</b>	<b>1996</b>		<b>600m</b>
<b>1.46.6</b>		<b>Rita Hatland (-60)</b>		<b>14</b>	<b>1974</b>	man	<b>600m</b>
<b>1.47,02</b>		<b>Frida Fitje -03</b>		<b>14</b>	<b>2017</b>		<b>600m</b>
<b>1.47,30</b>		<b>Marianne F. Mjelde -01</b>		<b>18</b>	<b>2019</b>		<b>600m</b>
<b>1.49,12</b>		<b>Bente R. Midtun (-58)</b>		<b>53</b>	<b>2011</b>		<b>600m</b>
<b>1.50,08</b>		<b>Stine Lone Hatland (-93)</b>		<b>13</b>	<b>2006</b>		<b>600m</b>
<b>1.52,53</b>		Sandra Mosevoll (-94)		14	2008		600m
<b>1.52,6</b>		Kjersti Rongved (61)		13	1974	man	600m
<b>1.52,99</b>		Katrine Grønås (-81)		12	1993		600m

1.55,1		Hilde Aasheim (-84)		13	1997	man	600m	
1.55,2		Irene Lone (-69)		11	1980	man	600m	
1.55,8		Marta Rongved (-68)		12	1980	man	600m	
1.56,12		Charlotte Tysse (-91)		12	2003		600m	
1.56,79		Ingri M. Birkeland -84		33	2017		600m	
1.57,26		Ingrid Kleppe (-83)		14	1997		600m	
1.57,2		Kristin Aasheim (-81)		14	1995	man	600m	
1,57,85		Mirjam Mjelde (-69)		54	2023		600m	
1.58,09		Anniken Mjelde (-00)		14	2014		600m	
1.58,0		Siri Beate Sunde (-71)		11	1982	man	600m	
1.58,51		Helene Knappskog (-91)		13	2004		600m	
1.58,94		Ida M. Lampe (-90)		12	2002		600m	
1.59,7		Ann M. Reigstad (-69)		11	1980	man	600m	
2.00,23		Marthe Slettebakken -99		18	2017		600m	
2.02,41		May-Linda Veseth (-03)		11	2014		600m	
2.03,5		Marit Iren Reigstad (-83)		12	1995	man	600m	
2.03,68		Solveig Mo (-82)		14	1996		600m	
2.03,9		Lillian Reigstad (-81)		14	1995	man	600m	
2.04,2		Gunnhild Hansen (-69)		11	1980	man	600m	
2.04,2		Kari Loftås (-55)		15	1970	man	600m	
2.04,36		Ingrid F. Mjelde -06		12	2018		600m	
2.04,7		Sonja Åsheim Loftås (-69)		11	1980	man	600m	
2.04,9		Sara Nonås Langhelle (-94)		16	2010	man	600m	
2.05,37		Sara J. Jacobsen -99		18	2017		600m	
2.06,60		<b>Amalie Nithoer Hustrulid</b>	<b>2006</b>	<b>18</b>	<b>2024</b>		<b>600m</b>	
2.07,0		Elin Simmenes (-87)		14	2001	man	600m	
2.08,63		Elena Mostrau -06		12	2018		600m	
2.09,3		Belinda Midttun (-90)		16	2006		600m	
2.10,21		Siri M. Kleppe (-88)		14	2002		600m	
2.11,2		Lisa M. Gundersen (-93)		11	2004	man	600m	
2.12,3		Renate Nordpoll (-89)		13	2002	man	600m	
2.13,03		Ann K. Johnsen (-81)		12	1993		600m	
2.13,87		Sigrid Borge (-95)		12	2007		600m	
2.14,61		Åshild Håland (-81)		12	1993		600m	
2.16,58		Tarikwa Reigstad (-99)		12	2011		600m	
2.16,8		Siri Hauge (-97)		15	2012	man	600m	
2.17,10		Karoline Vik (-98)		13	2011		600m	
2,17,3mt		<b>Lilli Aasheim Solstad</b>	<b>2012</b>	<b>12</b>	<b>2024</b>		<b>600m</b>	
2.19,78		Marissa Denison (-99)		12	2011		600m	
2.26,97		<b>Malena Nithoer Hustrulid</b>	<b>2012</b>	<b>12</b>	<b>2024</b>		<b>600m</b>	
2,33,9mt		<b>Lisa Birkelund</b>	<b>2013</b>	<b>11</b>	<b>2024</b>		<b>600m</b>	
2,36,9mt		<b>Emina Hestnes Vik</b>	<b>2012</b>	<b>12</b>	<b>2024</b>		<b>600m</b>	
2,55,8mt		<b>Iselin Sandal</b>	<b>2014</b>	<b>10</b>	<b>2024</b>		<b>600m</b>	<b>ikkje medl NFIF</b>