

### Bergen Brakvatnet Halvmaraton 21.9.2024 MENN

	0.3 km	2.9 km	5.5 km	8.1 km	10.7 km	13.3 km	15.9 km	18.5 km	Mål			
Espen Borge Joensen	01:08	10:17	19:40	29:10	39:07	48:47	58:39	01:08:28	01:18:01	1	445	FRI IL / Team BJ
	01:08	09:09	09:23	09:30	09:57	09:40	09:52	09:49	09:33			
Thomas Nilsen	01:23	12:14	23:09	34:08	45:12	56:16	01:07:23	01:18:16	01:28:59	2	441	Mjøsdaalen IL
	01:23	10:51	10:55	10:59	11:04	11:04	11:07	10:53	10:43			
Aslak Monstad	01:44	16:25	31:06	46:04	1:01:04	1:16:24	01:31:22	01:46:48	02:01:56	3	275	Hausvik FK
	01:44	14:41	14:41	14:58	15:00	15:20	14:58	15:26	15:08			
Arne Christian Landsvik	01:48	15:50	30:14	45:11	01:00:10	01:15:30	1:31:42	1:48:35	2:05:12	4	439	Llco
	1:48	14:02	14:24	14:57	14:59	15:20	16:12	16:53	16:37			
Sindre Løtveit	01:49	16:43	31:53	46:51	01:02:25	1:17:54	1:34:04	1:51:03	2:07:41	5	276	Hausvik FK
	1:49	14:54	15:10	14:58	15:34	15:29	16:10	16:59	16:38			
Trond Lone	01:54	16:40	31:36	46:51	1:02:49	1:18:52	1:36:04	1:54:47	2:13:32	6	442	Valestrandsfossen
	1:54	14:46	14:56	15:15	15:58	16:03	17:12	18:43	18:45			
Stian Nordås Mjøs	01:53	16:41	31:36	46:50	1:03:05	1:20:39	1:38:42	1:58:55	2:19:47	7	443	Mjøsdaalen IL
	1:53	14:48	14:55	15:14	16:15	17:34	18:03	20:13	20:52			
Victor Thunestvedt	01:53	17:11	35:12	54:26	1:13:56	1:34:34	1:56:01	2:18:58	2:41:21	8	277	Hausvik FK
	1:53	15:18	18:01	19:14	19:30	20:38	21:27	22:57	22:23			

### Bergen Brakvatnet Halvmaraton 21.9.2024 KVINNER

Siri Margrete Kleppe	01:56	16:44	31:50	46:57	1:02:26	1:18:06	1:34:32	1:51:43	2:09:17	1	447	Ulset
	1:56	14:48	15:06	15:07	15:29	15:40	16:26	17:11	17:34			
Karoline Vik	01:59	16:43	31:52	47:22	1:03:26	1:20:07	1:37:30	1:54:54	2:12:20	2	446	Valestrandsfossen
	1:59	14:44	15:09	15:30	16:04	16:41	17:23	17:24	17:26			
Meline Risnes Nesse	01:59	18:08	36:16	55:36	1:14:17	1:33:51	1:54:44	2:15:45	2:36:31	3	444	Lonevåg
	1:59	16:09	18:08	19:20	18:41	19:34	20:53	21:01	20:46			